



## CLASS SCHEDULE (COMPETITION TEAM)

*April 2025 to August 2025*

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
The Elite Programme 1 (Born in 2018-2020)							2:45PM – 4:00PM
The Elite Programme 2 (Born in 2016-2017)							2:45PM – 4:15PM
The Elite Programme 3 (Born in 2014-2015)							4:15PM – 5:45PM
The Elite Programme 4 (Born in 2013 or before)							1:15PM – 2:45PM
Competition Training Programme (Junior) (Born in 2013-2014)						6:15PM – 7:45PM	
Competition Training Programme (Senior) (Born in 2012 or before)						7:45PM – 9:15PM	

## **THE ELITE PROGRAMME (TEP)**

*The Elite Programme (TEP) is an intensive programme that focuses on strong foundations in ballet technique with the aim of grooming passionate dancers with potential and wish to pursue dance professionally or gain exposure from competitions or immersions.*

*Dancers will also have contemporary dance training (45 min) during the last lesson of every month to expand their movement vocabulary (only for TEP 2 – TEP 4).*

- *Dancers selected for TEP have to be RAD students of the school and selected dancers will represent the school at competitions.*
- *Only dancers of TEP are eligible to participate in pre-professional ballet competitions.*
- *Dancers of TEP are **not allowed** to represent any other school at competitions for the following genres: Classical ballet, Contemporary, Lyrical and Demi Character.*
- *Dancers selected to represent the school at competitions have to undertake private coaching (1 teacher to 2 students).*
- *The TEP Cycle is from October to end August/early September of the following year.*
- *Dancers do not need to audition again for the next cycle.*

## **COMPETITION TRAINING PROGRAMME (CTP)**

*The Competition Training Programme (CTP) is for dancers who wish to compete in only contemporary and lyrical categories. Dancers are selected via audition and have to be either RAD or contemporary dance students of the school.*

- *CTP consists of 2 parts - Private coaching\* (1 teacher to 2 students, 1.5hr) and Group coaching (1.5hr).*
- *Private coaching will focus on the choreographic process of the dancer's individual competition items, and group coaching will consist of contemporary ballet technique training and fine-tuning of competition items.*  
*\*If no schedule can be matched with another dancer for private coaching (1-2), private coaching will be 1-1 (1hr) and subject to respective fees.*
- *Dancers of CTP are **not allowed** to represent any other school at competitions for the following genres: Contemporary and Lyrical.*
- *The CTP Cycle is from October to end August/early September of the following year.*
- *Dancers do not need to audition again for the next cycle.*

## ***FEES***

*Private Coaching (1-2): \$90/hour*

*Private Coaching (1-1): \$135/hour*